



Music Therapy

Music activates, inspires and stimulates emotional expression. Music relaxes, calms the nervous system and helps restore internal balance. Music moves us to do more and be more.

MUSIC THERAPY is an evidenced-based clinical discipline where music is used to effect positive change and foster creative expression in children and adults. In addition to achieving clinical goals and improving social functioning of those with different abilities, Music Therapy provides people with opportunities to expand their lives and explore issues through creative expression.

Whether working one-on-one or in a group setting, BKCM offers music therapy for clients to grow through the transformative experience of making music within a therapeutic relationship. Our credentialed music therapists play music with clients using a variety of instruments through improvisation and specific music interventions to address client needs and goals. Learn more about our Music Therapy Program at BKCM and our outreach programs at schools and agencies throughout Brooklyn, Queens, Staten Island, and Manhattan by visiting [BKCM.ORG/MUSIC THERAPY](https://www.bkcm.org/musictherapy)

"I think my son and his music therapist are the only people that didn't get side tracked or thrown off track by the pandemic. Caleb has thrived in his classes with Hannah. In fact, we discovered he has a knack for the piano due to the pandemic. In the midst of so much unknown, the consistency of music has been wonderful."

– LAURETTA JOSEPH, parent of BKCM Music Therapy student

Music Therapy Program at BKCM

All music therapy sessions are registered by semester and run for 15 weeks. Sessions are scheduled on an individual basis to best meet the needs of clients and their families. Clients may register up to 10 weeks into a semester and pay a prorated tuition based upon the remaining weeks in the semester. Please contact Christina Caliz for further information and placement in the Music Therapy Program.

MUSIC THERAPY (15 WEEKS):

Fall/Spring

45 minute group - \$705

30 minute group - \$465

45 minute private - \$1920

30 minute private - \$1275

Limited Financial Aid is available.

Please contact us for further information.

MUSIC THERAPY OUTREACH PROGRAMS

Music therapy outreach programs are set up on a case-by-case basis with partner schools and agencies. Please contact Toby Williams to learn more about our outreach program and what music therapy can offer your clients.

TO SCHEDULE A CONSULTATION, CONTACT:

Marie Lewis MA, MT-BC, LCAT

Onsite Clinical Coordinator

718-622-3300 ext. 212 | marie.lewis@bkcm.org

Toby Williams MA, LCAT, MT-BC

Music Therapy Program Director

718-622-3300 ext. 216 | toby.williams@bkcm.org



Council on
the Arts

Brooklyn
Conservatory
of Music

NYC Cultural
Affairs

This program is supported, in part, by public funds from the New York City Department of Cultural Affairs in partnership with the City Council. BKCM's Community Music School programming is made possible by the New York State Council on the Arts with the support of Governor Andrew M. Cuomo and the New York State Legislature. BKCM's 2018-19 concert season is also supported by a generous grant from the Frank & Lydia Bergen Foundation.