



# Music Therapy 2023–2024

**Music activates, inspires and stimulates emotional expression. Music relaxes, calms the nervous system and helps restore internal balance. Music moves us to do more and be more.**

Music Therapy is an evidence-based clinical discipline where music is used to effect positive change and foster creative expression in children and adults. In addition to achieving clinical goals and improving social functioning of those with different abilities, Music Therapy provides people with opportunities to expand their lives and explore issues through creative expression.

Whether working one-on-one or in a group setting, BKCM offers music therapy for clients to grow through the transformative experience of making music within a therapeutic relationship. Our credentialed music therapists play music with clients using a variety of instruments through improvisation and specific music interventions to address client needs and goals.

Learn more about our Music Therapy program at BKCM and our outreach programs at schools and agencies throughout Brooklyn, Manhattan, Queens and Staten Island by visiting

**[BKCM.ORG/MUSICTHERAPY](https://www.bkcm.org/musictherapy)**

“Over four years, BKCM’s Music Therapy program has contributed to my son’s significant improvements in speech, social skills, direction-following and overall confidence. He’s also developed friendships with the other students in his class, whom he cheerfully greets with a ‘hello’ and a smile every week.”

– PETER HEROLD, father of Music Therapy client

# Music Therapy Program at BKCM

2023–2024

All music therapy sessions at BKCM are registered by semester and run for 15 weeks. Sessions are scheduled on an individual basis to best meet the needs of clients and their families. Clients may register up to 10 weeks into a semester and pay a prorated tuition based upon the remaining weeks in the semester.

## MUSIC THERAPY PRICES (15 WEEKS):

### Fall/Spring 2023–2024

30-minute private lesson: \$1,470

45-minute private lesson: \$2,213

30-minute group class: \$540

45-minute group class: \$810

Limited Financial Aid is available. Please contact us for further information.

## MUSIC THERAPY OUTREACH PROGRAMS

Music Therapy outreach programs are set up on a case-by-case basis with partner schools and agencies. Please contact Toby Williams to learn more about our outreach program and what music therapy can offer your clients.

## TO SCHEDULE A CONSULTATION, CONTACT:

### For our onsite program:

Marie Lewis MA, MT-BC, LCAT

Onsite Clinical Coordinator

718-622-3300 ext. 212 | [marie.lewis@bkcm.org](mailto:marie.lewis@bkcm.org)

### For our outreach programs:

Toby Williams MA, MT-BC, LCAT

Music Therapy Program Director

718-622-3300 ext. 216 | [toby.williams@bkcm.org](mailto:toby.williams@bkcm.org)



Learn more at  
[BKCM.ORG/MUSICTHERAPY](https://BKCM.ORG/MUSICTHERAPY)

Brooklyn  
Conservatory  
of Music

NYC Cultural  
Affairs

NEW YORK  
STATE OF  
OPPORTUNITY  
Council on  
the Arts

This program is supported, in part, by public funds from the New York City Department of Cultural Affairs in partnership with the City Council. BKCM's Community Music School programming is made possible by the New York State Council on the Arts with the support of Governor Kathy Hochul and the New York State Legislature.