

Music Therapy 2023-2024

Music activates, inspires and stimulates emotional expression. Music relaxes, calms the nervous system and helps restore internal balance. Music moves us to do more and be more.

Music Therapy is an evidence-based clinical discipline where music is used to effect positive change and foster creative expression in children and adults. In addition to achieving clinical goals and improving social functioning of those with different abilities, Music Therapy provides people with opportunities to expand their lives and explore issues through creative expression.

Whether working one-on-one or in a group setting, BKCM offers music therapy for clients to grow through the transformative experience of making music within a therapeutic relationship. Our credentialed music therapists play music with clients using a variety of instruments through improvisation and specific music interventions to address client needs and goals.

Learn more about our Music Therapy program at BKCM and our outreach programs at schools and agencies throughout Brooklyn, Manhattan, Queens and Staten Island by visiting

BKCM.ORG/MUSICTHERAPY

"Over four years, BKCM's Music Therapy program has contributed to my son's significant improvements in speech, social skills, directionfollowing and overall confidence. He's also developed friendships with the other students in his class, whom he cheerfully greets with a 'hello' and a smile every week."

- PETER HEROLD, father of Music Therapy client

Music Therapy Program at BKCM

2023-2024

All music therapy sessions at BKCM are registered by semester and run for 15 weeks. Sessions are scheduled on an individual basis to best meet the needs of clients and their families. Clients may register up to 10 weeks into a semester and pay a prorated tuition based upon the remaining weeks in the semester.

MUSIC THERAPY PRICES (15 WEEKS):

Fall/Spring 2023-2024

30-minute private lesson: \$1,470 45-minute private lesson: \$2,213 30-minute group class: \$540 45-minute group class: \$810

Limited Financial Aid is available. Please contact us for further information.

MUSIC THERAPY OUTREACH PROGRAMS

Music Therapy outreach programs are set up on a case-by-case basis with partner schools and agencies. Please contact Toby Williams to learn more about our outreach program and what music therapy can offer your clients.

TO SCHEDULE A CONSULTATION, CONTACT:

For our onsite program:

Marie Lewis MA, MT-BC, LCAT
Onsite Clinical Coordinator
718-622-3300 ext. 212 | marie.lewis@bkcm.org

For our outreach programs:

Toby Williams MA, MT-BC, LCAT Music Therapy Program Director 718-622-3300 ext. 216 | toby.williams@bkcm.org



Learn more at BKCM.ORG/MUSICTHERAPY





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