



Music Therapy 2025–2026

Music activates, inspires and stimulates emotional expression. Music relaxes, calms the nervous system and helps restore internal balance. Music moves us to do more and be more.

Music therapy is an evidence-based clinical discipline where music is used to effect positive change and foster creative expression in children and adults. In addition to achieving clinical goals and improving social functioning of those with different abilities, music therapy provides people with opportunities to expand their lives and explore issues through creative expression.

Whether working one-on-one or in a group setting, BKCM offers music therapy for students to grow through the transformative experience of making music within a therapeutic relationship. Our credentialed music therapists play music with students using a variety of instruments through improvisation and specific music interventions to address their needs and goals.

Learn more about BKCM's Music Therapy program and our outreach programs at schools and agencies throughout Brooklyn, Manhattan, Queens and Staten Island by visiting:

BKCM.ORG/MUSICTHERAPY

"Our son has been part of the Music Therapy program at BKCM for about four years now. He has a rare genetic disorder and an intellectual disability. Through music, that seems to fade away. He plays the piano, guitar, and drums and is able to express himself. We have seen his communication skills and independence grow, and believe the joy he experiences at BKCM is a big contributor."

– JAMIE, Music Therapy Parent



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All music therapy sessions at BKCM are registered by 15-week semester. Sessions are scheduled on an individual basis to best meet each student and family's needs. Families may register up to 10 weeks into a semester and pay prorated tuition based on the number of weeks remaining.

MUSIC THERAPY AT BKCM (15 WEEKS)

Onsite Tuition for Fall 2025, Spring 2026 & Summer 2026

30-minute Individual Sessions: \$1,665 (\$111 per session)

45-minute Individual Sessions: \$2,430 (\$162 per session)

30-minute Group Sessions: \$643 (\$43 per session)

45-minute Group Sessions: \$967.50 (\$64.50 per session)

30-minute Dyad Sessions: \$795 (\$53 per session)

45-minute Dyad Sessions \$1,110 (\$74 per session)

Limited financial aid is available. Please contact us for further information.

MUSIC THERAPY OUTREACH PROGRAMS

Music Therapy outreach programs are set up on a case-by-case basis with partner schools and agencies. Please contact Toby Williams (see below) to learn more about our outreach programs and what music therapy can offer your students.

SCHEDULE A CONSULTATION

Onsite Clinical Coordinator

Marie Lewis, MA, MT-BC, LCAT

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Outreach Program Coordinator

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Music Therapy Program Director

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LEARN MORE:

[bkcm.org/
musictherapy](https://bkcm.org/musictherapy)